

UNIQUE HEALTH PRACTITIONERS

Profile Editor's Choice, by Adrienne Papp

When it comes to skin treatment, **Dr. Zein E. Obagi**, a prominent southern California-based dermatologist, has come up with a solution that eliminates the need for expensive cosmetic creams. It's a comprehensive program that deeply activates and regenerates skin, as opposed to a simple application of superficial treatments. Dr. Obagi has established an international reputation for his therapeutic procedures and complex solutions. "I always had a passion for research, and I felt there was a great need for someone who could substantially improve the health of skin," he says. Today, Dr. Obagi's **healthy skin methods** are widely used by celebrity dermatologists and skin specialists everywhere. zoskinhealth.com, 310.275.3063, Airport: Santa Monica (SMO).



"Everyone wants to look good," says world-renowned celebrity dentist, **Dr. Eric Fugier**. "It's all about natural beauty, excellence in dentistry, and artistry." Dr. Fugier's mastered his profession from the father of "Esthetic Dentistry," Dr. Charles Pincus, who was the personal dentist for Judy Garland, Shirley Temple, and Elizabeth Taylor. Dr. Fugier's services include a variety of **cosmetic and restorative dentistry**, including crown and bridge work and full mouth reconstruction. He also offers a "Smile Redesign Consultation" to show how beautiful your smile can be using computer imaging technology. Frequently featured in news magazines, voted as Best Dentist in America and referred to as the "God Father of repairing botched teeth", Dr. Fugier can make even a perfect smile brighter. If you're not happy with your smile, Dr. Fugier can make it right! drericfugier.com, 310.859.1575, Airport: Santa Monica (SMO).

Exposure to sun, pollutants and day-to-day stress are elements that can result in skin that is rough, wrinkled, and prematurely aged. **Dr. R. Patrick Abergel** offers high technology **CO2 laser treatments** that are the new, state of the art and gold standard in laser skin rejuvenation, and can dramatically improve your appearance. Dr. Abergel, a Board Certified Clinical Professor, treating countless celebrities puts his extensive experience and technological skills to use with this unique skin rejuvenation therapy that puts the "bloom of youth" back in your skin. With just one treatment you will see a dramatic difference! Ten years off is the minimum. doctorabergel.com, 310.829.2005, Airport: Santa Monica (SMO).

Everyone wants to look good and feel good. We seldom realize that these two principles go hand in hand. What do we do to achieve a camera perfect smile, radiant skin, youthful eyes and a toned body? We were looking for answers and found them from a number of noted celebrity doctors treating stars and dignitaries from around the world. We personally tested them.

One of Los Angeles' most popular fitness experts, **Jerry Colker**, the Creator of the innovative Yodo™ system, has joined forces with **Anna Bielecki**, clinical nutritionist, organic foods restaurateur and Quantum Reflex Analysis practitioner, to provide a comprehensive system to provide **health and fitness** well beyond expectations. Their programs can boost the immune system, heal and produce a high level of optimum health. With Jerry and Anna as your guides, you learn an integrated program that creates a union of body, mind and spirit, allowing vital energy flow in a celebration of human fitness and health. Yodo™ is the perfect discipline to develop a body and mind that are in harmony in a state of health and superlative physical condition. yodo.org, 310.270.6248, Airport: Santa Monica (SMO).