Hydrogen-rich water is PREVENTION!

It seems this molecular hydrogen in water is broken down by hydrogenase enzymes in the body to atomic or active hydrogen. Active hydrogen is the most effective anti-oxidant/free-radical scavenger known, and the only byproduct of the reaction is water. Of course free-radicals are those little buggers that like to bump around in our bodies causing aging, DNA damage, and disease.

While hydrogen is a superior anti-oxidant, it is also literally the fuel that powers the body.

Consider each human cell to be an automobile. Automobiles have many purposes, but all require an engine for power, and a fuel to power the engine. The chemical-engine that powers human cells is called ATP (adenosine triphosphate), and ATP is fueled by hydrogen.

The health benefits as a result of drinking this hydrogen-rich water are well documented and appears to be linked to this free-radical scavenging and direct cellular energy. Many clinical studies were labeled as a studies with alkaline, ionized water. They should have been labeled studies with hydrogen-rich water. This is why many real life experiences with home ionizers fall short of the miraculous results of these clinical studies.

The problem with these home electrolysis-ionizers (besides cost, non-portability, and dependence on electricity!) is that the water is literally created so slowly that the hydrogen is gone by the time the water is ready to drink. And, if you are fortunate enough to afford the very best, the water must literally be consumed immediately (within a minute) or the hydrogen disappears- it is the lightest element known to man after all. This makes it impossible for most to consume enough hydrogen-rich water throughout the day, even if one owns an electrolysis-ionizer.

PursaFusion "Hydrogen Ion Stick" showed to be a more effective source of hydrogen than electrolyzed-reduced water (ionizer machines) with no concern of hydrogen gas dissipating within minutes after being poured. This then allows even better results to follow."

Manufacturers of these machines such as Enagic Inc. (Kangen Water) and Jupiter claim the water will last 48 hours to even 30 days, but they only measure ORP and pH- not hydrogen!

Neither ORP nor pH indicate the quantity of molecular Hydrogen (H2) in water.

It is important to realize that the incredible results of these machines documented in medical facilities involves a committed patient drinking directly from an INDUSTRIAL GRADE machine ALL DAY LONG! For active people, this would be quite a challenge with your typical Jupiter or Enagic machine even if they did make the water fast enough to preserve the hydrogen.

Because of these issues, Living Springs invented a new way to create ionized, hydrogen-rich water without any of the above problems using far-infrared ceramics and Liquid Conversion Technologies. The 'Hydrogen-Rich Water Stick' is simply kept in your water bottle and continually produces hydrogen-rich water to be consumed anywhere for 1 year.

An added benefit to the Hydrogen Stick is that far-infrared rays have been documented to purify water by reducing bacteria and organic contaminants.

Consider this... would you rather spend a large sum of money on an appliance that will only provide you with its limited benefits while you are at home to immediately consume the water it produces OR would you rather have this water with the added Hydrogen, available all day, anywhere you are, even if you are traveling?

For those who like to purchase something once in order to eliminate ongoing costs, you should know that the Jupiter, Enagic and other electrolysis-ionizers also need regular maintenance in the form of replacing the electrodes and repairs common to electric appliances.

Additionally, these electrodes ALWAYS leach metals and other contaminates contained in the electrodes into the water as a normal byproduct of their electrolysis. That is why they need to be replaced regularly.

Related Results

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ORP

When looking to purchase an ionizer, you will find endless references to ORP, or Oxidation Reduction Potential. ORP is measured in millivolts (mV) and represents the potential for an electrical reduction of oxidants. For the purveyors of electrolysis-ionizers it's always ORP, ORP, ORP, how negative is your ORP?

Electrolysis ionizers by Jupiter, Enagic, and others usually produce a water that measures up into the negative 600's in millivolts or thereabouts. This is very important for these machines because the beneficial ORP begins to decline immediately after production. The hydrogen is gone within a minute or so!

Most water you will be drinking throughout the day when you are not standing in front of the counter will have an ORP between positive +300 to over +600 millivolts. This means the water, however pure, is actually an oxidant.

The Hydrogen Rich Water Stick produces water all day (anywhere) with a ORP from -50 to -250 or so millivolts. Initially you might not think that can compete with the performance of Jupiter or Enagic electrolysis-ionizers, but it actually outperforms them.

Typical Usage Matters You See, as opposed to drinking -600mV water two to three times a day (if you are extremely disciplined!) and say +450mV the rest of the day, you are drinking -50 to -250mV all day long! And, you get the added benefit of direct cellular energy from hydrogen all throughout the day!

pН

pH is the measure of acid-alkaline balance of a substance. A pH of seven is considered neutral, while anything below seven is progressively more acidic and above, alkaline. One's internal pH balance is managed automatically by the body, provided it has the resources to do so. The problem is that our modern lifestyle and diet causes the body to deplete its pH management reserves leaving many overly acidic.

Research has shown that most diseases can only form in overly acidic conditions!

However, alkaline water also can't assist the body in dealing with these overly acidic conditions. (Hydrogen-rich water prevents the acidity from forming in the first place.)

For the purposes of this discussion it is important to note that alkaline water can be either stable or unstable, because the body prefers the stable variety. Electrolysis ionizers create an unstable pH which quickly decays after consumption and leaves nothing for the body to store for later use. In fact, this unstable alkalinity must be used or

neutralized by the body immediately after drinking. This is because the pH change was created artificially with electricity.

A stable pH in water is a result of a proper mineral balance. The best acid-buffering or alkaline minerals are calcium and magnesium. These minerals make the water more alkaline in a natural way. When the body consumes these minerals, it can build up its reserves to fight acidity as the need arises- much better than having to use it all up at once.

All water found in nature has a pH that perfectly corresponds to the mineral content of the water. What does this mean? All water from typical ionizer machines is far from natural.

- **The Hydrogen-Rich Water Stick creates stable alkaline water that varies in pH from 6.5 to 7.5. This is a result of the magnesium within the stick and light ionization, as opposed to the 100% ionization method of the Jupiter, Enagic, or other ionizer machines.
- **A healthy body is one with acid-buffering reserves. Ultimately then, less alkaline water that is stable will outperform more alkaline water that is not.
- **You can learn more about pH by reading the article 'Common Misconceptions About pH' and the 'Ultimate Guide to Water'.

Hydrogen

You may be wondering why very few if any of the electrolysis ionizer manufacturers or resellers talk about hydrogen. The simple answer is that many simply do not know or their focus is building and selling machines- NOT delivering the latest science. And, alerting their customers to the fact that their machines might not be delivering any hydrogen at all would certainly be bad for business.

Amusingly, many references to Dr. Hayashi can be found on these sites, but all tend to quote him previous to his discovery of the

importance of hydrogen. Alkaline, ionized water qualities in order of importance are: hydrogen, ORP, then alkalinity (pH). If the body had all of the available hydrogen it needed, ORP and alkalinity would not matter- you would not need to consider it.

Nobel Prize Winner - Albert Szent-Gy?rgyi "Hydrogen is, in fact, the only fuel the body knows...oxygen's primary function is to metabolize (or make available) hydrogen."

Instead of pH/ORP, think Hydrogen!

You may be wondering why you have not heard about the Living Springs Hydrogen-Rich Water Stick until now. While having been available in Japan and some countries abroad for many years, distributorship was only set up in the United States in recent years. The important thing is that you ARE hearing about it now!